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USSN: 10/700,179

## Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

## Listing of Claims:

Claims 1-30 cancelled.

31. (Currently amended) A method for positioning a hanging device into an object hanging position, the method comprising:

providing a hanging device having a push plate, a <u>substantially straight</u> lance projecting <u>at about a right angle</u> from the push plate, the lance having a barb adjacent a distalend, the barb including a barb surface, and a hanger extending and projecting from the push plate;

inserting the lance of the hanging device into a wall in by applying a pressing force on the push plate in an axial direction until the hanging device is positioned into a device insertion position by pressing on a push plate; and

rotating the lance of the hanging device, about the axial direction and in a plane substantially parallel to the wall, by exerting a rotational force on at least one of the push plate, and the hanger or a salient, the lance of the hanging device being rotated from the device insertion position until to the object hanging position in which the hanger is positioned to receive an object, the hanging device thereby achieving an object hanging position.;

wherein the hanging device is a unitary structure such that the lance is integral with the push plate and the push plate is in fixed relation to the lance and hanger while inserting the lance of the hanging device into the wall.

- 32. (Currently amended) The method of Claim 631 wherein at least one of the inserting and rotating steps is accomplished without the use of a mechanical tool.
- 33. (Currently amended) The method of Claim 631 wherein the barb includes a rear shoulder and the method further comprising comprises biasing the barbrear shoulder against the wall such that the lance is not removable from hanger is secured within or to the wall and

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the hanger is impeded from passing back through the wall without further rotation of the lance-such that the barb is in alignment with the lance aperture.

- 34. (Currently amended) The method of Claim 631 wherein, induring the rotating step, the hanging device is rotated substantially about 90 degrees at least one of clockwise and counter-clockwise about the axial direction.
- 35. (Currently amended) The method of Claim 631 wherein the providing step further comprises stamping at least one of the push plate, the lance and the barb.
- 36. (Currently amended) The method of Claim 1031 wherein the providing step is further comprises at least one of bending and cutting at least one of the push plate, the lance and the barb.

Claims 37-44 Cancelled.

45. (New). The method of Claim 31 wherein the hanger is one of a hook hanger, a notched ear hanger, and an ear hanger.

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